



SKIN CARE ROUTINE GUIDE
ACNE-PRONE SKIN



Welcome to the start of your new Lexli skin care routine! The steps outlined in this guide will not only help to clear active acne blemishes, they will also work to minimize the potential of future breakouts.

Before you begin, it's important to ensure you are using the skin care routine that is best for your skin. If you haven't taken the Lexli Skin Care Quiz, we advise doing so before getting started.

Next, be sure you have the necessary products and tools.

Ensure this routine is right for your skin

at bit.ly/lexli-type

SKIN CARE PRODUCTS:



LEXLI ACNE CLEANSER



LEXLI ALOEGLYC EXFOLIATOR



LEXLI ACNE CLARIFYING LOTION



LEXLI ACNE MOISTURIZER



LEXLI DAILY MOISTURIZER FOR OILY SKIN

OR



LEXLI SIMPLY HYDRATION (for normal, dry & combo skin)



LEXLI TONE & BALANCE



LEXLI LIGHTENING LIFT

OPTIONAL PRODUCTS:

TOOLS:



CLEAN WASHCLOTH



CLEAN TOWEL

OPTIONAL TOOLS:



COSMETIC ROUNDS

FUTURE ROUTINE ADD-INS (OPTIONAL):



LEXLI CLEANSING LOTION



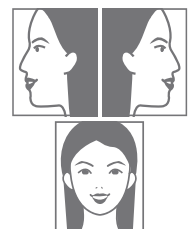
LEXLI REVITAL-EYES



LEXLI A-FIRM-ATIVE

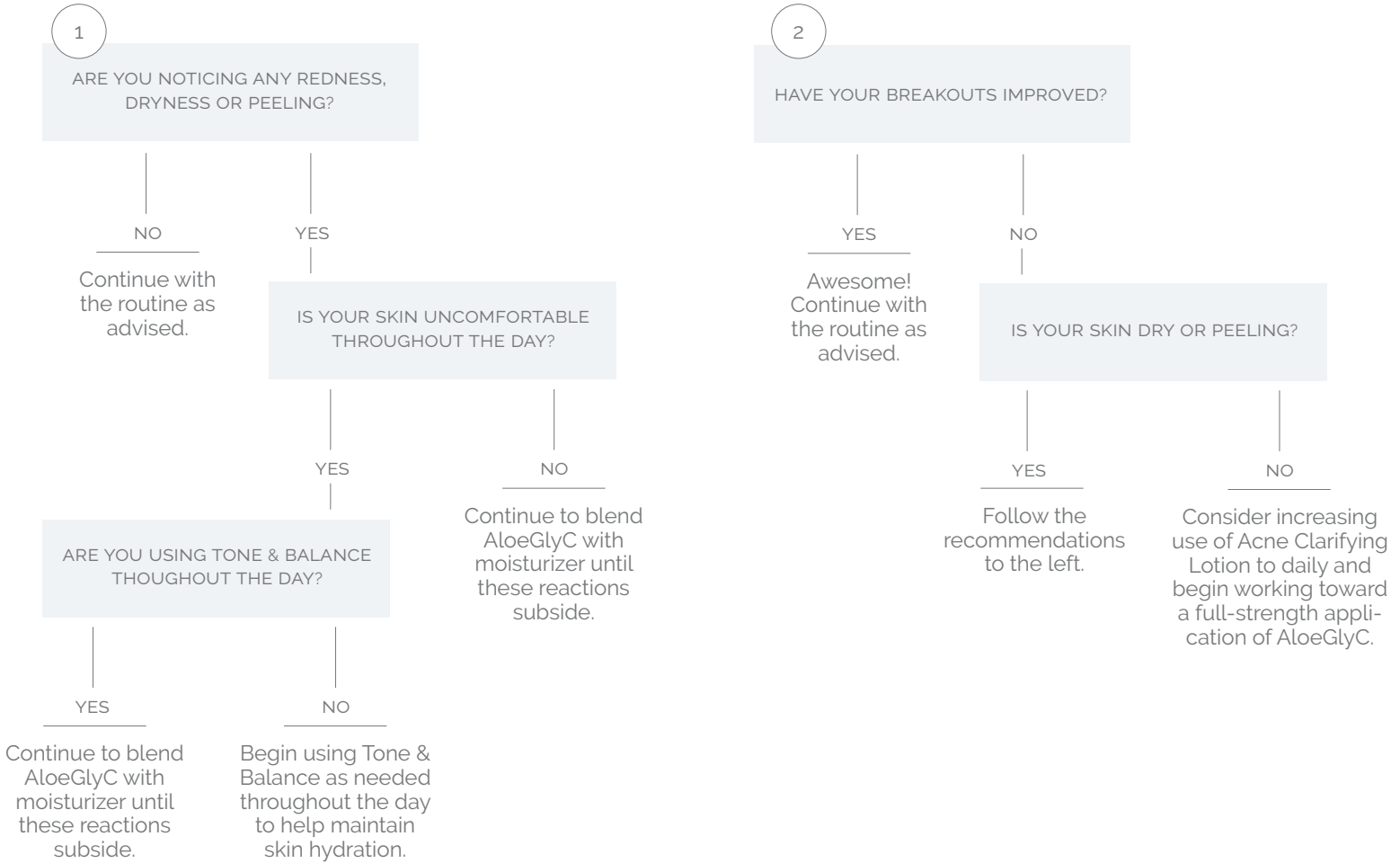
To accurately measure the improvement that you experience from implementing the Lexli skin care routine for acne-prone skin, we highly recommend taking "before" photos before getting started. Three images should be taken, all in natural lighting, such as near a window, without makeup: frontal face, right side, left side. It works best to have a friend help you with this step.

TAKING "BEFORE" PHOTOS:



WEEK 1 CHECK-IN

At the end of week 1, observe your skin in the mirror and compare it to your "before" photo. If you have concerns, we invite you to contact the Lexli customer care team at



WEEK 1 NOTES

WEEK 2 CHECK-IN

At the end of week 2, take another round of photos, following the same procedure you did before beginning the routine.

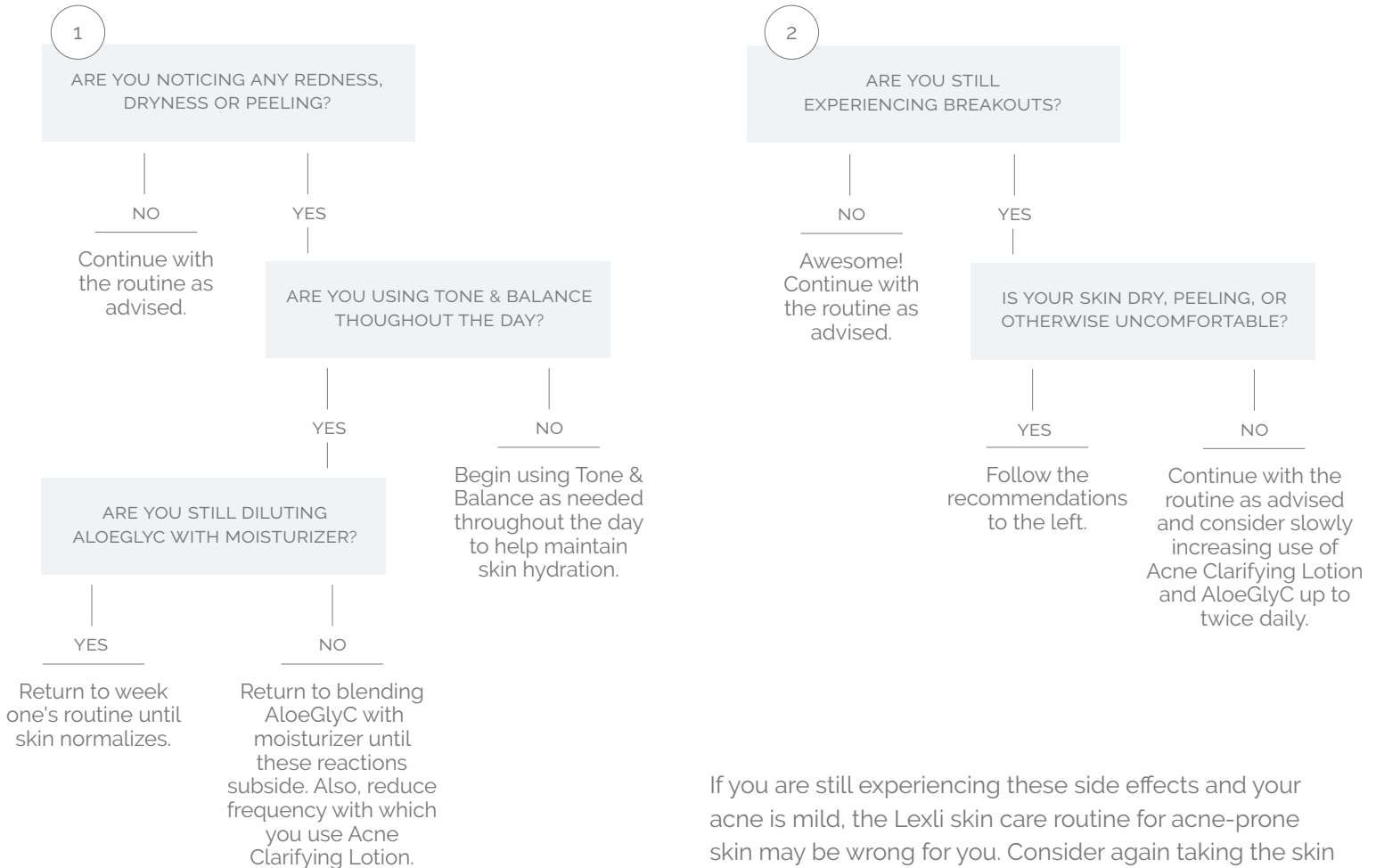
Results not as expected? Refer to the Week 1 check-in chart for suggested modifications to your routine.

WEEK 2 NOTES

Detail below any changes you notice in your skin:

WEEK 3 CHECK-IN

At the end of week 3 you should see a definite improvement in your skin. Not only should breakouts be starting to clear, you should also find that your skin feels softer and looks more "even." Compare your results to your two "before" photos to determine the level of improvement you're experiencing.



If you are still experiencing these side effects and your acne is mild, the Lexli skin care routine for acne-prone skin may be wrong for you. Consider again taking the skin care quiz to determine your skin type outside of acne. (For example, is it oily? Dry?) Implement the skin care routine suggested for you and add Acne Clarifying Lotion as a spot treatment to address breakouts.

WEEK 3 NOTES

Detail below any changes you notice in your skin:

WEEK 4 CHECK-IN

At the end of week 4, take another round of photos, following the same procedure you did before beginning the routine.

WEEK 4 NOTES

Detail below any changes you notice in your skin:

WEEK 5 AND BEYOND

Now that you've become familiar with the Lexli skin care routine for acne-prone skin, you're the best judge of how to proceed.

We'd love to see your progress! Email to us () your photos and tell us about the progress you've made this month and we'll send you a free gift!

1

HAS YOUR SKIN BECOME MORE SENSITIVE IN WEEK FOUR?

YES

You may want to revert back to the week 2 or 3 routines.

NO

ARE BREAKOUTS OCCURRING LESS FREQUENTLY?

YES

You may choose to continue with the week 4 routine indefinitely.

NO

You may choose to increase Acne Clarifying Lotion and AloeGlyC use to twice-daily at full-strength, and consider increasing Lightening Lift use, as well.

2

WHAT ADDITIONAL PRODUCTS MAY BENEFIT MY SKIN?

DOUBLE CLEANSING

Add _____ between Acne Cleanser and Acne Moisturizer.

AGING PREVENTION

Consider adding and/or _____ to your routine.

WEEK 5 NOTES

Add thoughts on the past 5 weeks and any goals you now want to set for the future of your skin care routine.



Looking for more information about acne? Download the free Lexli Acne Guide, written by Lexli founder Dr. Ahmed Abdullah.

Additionally, articles about care for acne-prone skin are on the blog found on the Lexli website.

lexli.com/acne

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