

SKIN CARE ROUTINE GUIDE ACNE-PRONE SKIN



Welcome to the start of your new Lexli skin care routine! The steps outlined in this guide will not only help to clear active acne blemishes, they will also work to minimize the potential of future breakouts.

Before you begin, it's important to ensure you are using the skin care routine that is best for your skin. If you haven't taken the Lexli Skin Care Quiz, we advise doing so before getting started.

Next, be sure you have the necessary products and tools.

Ensure this routine is right for your skin

at bit.ly/lexli-type

SKIN CARE PRODUCTS:



LEXLI ACNE CLEANSER



LEXLI ALOEGLYC EXFOLIATOR



LEXLI ACNE CLARIFYING LOTION



LEXLI ACNE MOISTURIZER



LEXLI DAILY MOISTURIZER FOR OILY SKIN



LEXLI SIMPLY HYDRATION (for normal, dry & combo skin)





LEXLI TONE & BALANCE



LEXLI LIGHTENING LIFT

TOOLS: OPTIONAL TOOLS:



CLEAN WASHCLOTH



CLEAN TOWEL



COSMETIC

FUTURE ROUTINE ADD-INS (OPTIONAL):



LEXLI CLEANSING LOTION



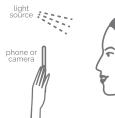
LEXLI REVITAL-EYES



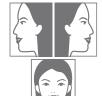
LEXLI A-FIRM-ATIVE

To accurately measure the improvement that you experience from implementing the Lexli skin care routine for acne-prone skin, we highly recommend taking "before" photos before getting started. Three images should be taken, all in natural lighting, such as near a window, without makeup: frontal face, right side, left side. It works best to have a friend help you with this step.

TAKING "BEFORE" PHOTOS:







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Massage onto face and neck.

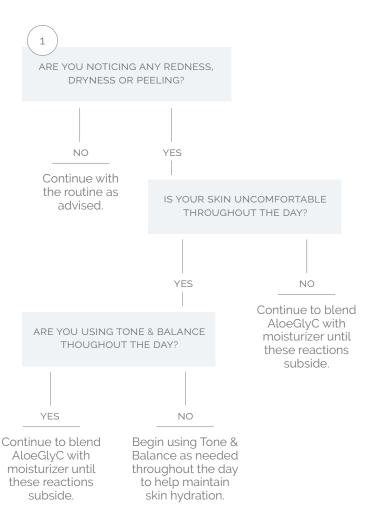
During the first week of implementing the Lexli skin care routine for acne-prone skin, you may find that your skin reacts a bit as it learns to adjust to use of the products. For some individuals, this may mean that your skin becomes drier or may appear slightly reddened. In rare cases,

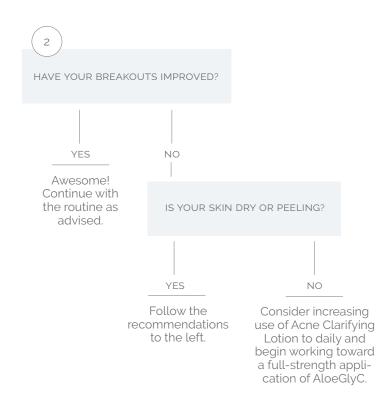
breakouts may worsen during this week. These are normal side effects and will subside, typically within a few days. The routine presented here slowly builds to a full-strength application of the strongest products in the routine. Therefore, expect minimal skin reaction.

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OUTINE	ACNE CLEANSER Massage onto moistened skin, leave on for up to two minutes. Rinse off. Blot skin dry.								
RNINGR	TONE & BALANCE (optional) To remove last traces of dirt and oil from skin, mist product onto skin and remove with cosmetic round.								
OW	ACNE CLARIFYING LOTION For severe acne, apply Clarifying Lotion onto entire face and neck. For mild acne, apply only to blemishes as a spot treatment. Let dry.								
	ACNE MOISTURIZER Massage onto face and neck at least 30 minutes before going outdoors to ensure adequate UV protection.								
	TONE & BALANCE (optional) To optimize skin hydration while minimizing inflammation, mist onto skin throughout the day. May be applied on top of makeup.								
Z	ACNE CLEANSER		\bigcirc				\bigcirc		
TOO	TONE & BALANCE (optional)								
EVENING R	ALOEGLYC Apply AloeGlyC every other day. If skin tends to be sensitive, blend AloeGlyC in the palm of your hand with an equal amount of moisturizer and apply. Let dry.								
	DAILY MOISTURIZER FOR OILY SKIN or SIMPLY HYDRATION								

WEEK 1 CHECK-IN

At the end of week 1, observe your skin in the mirror and compare it to your "before" photo. If you have concerns, we invite you to contact the Lexli customer care team at





WEEK 1 NOTES

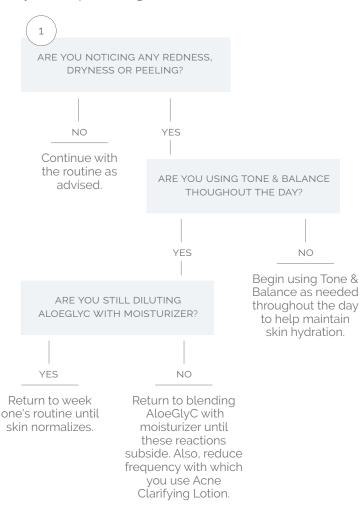
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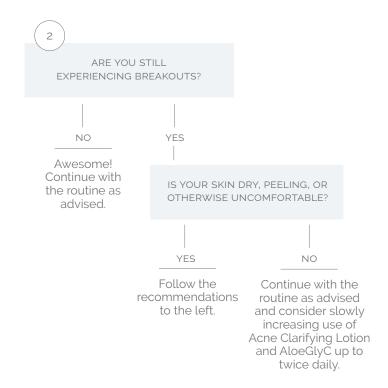
WEEK 2 CHECK-IN	
At the end of week 2, take another round of photos, following the same procedure you did before beginning the routine.	Results not as expected? Refer to the Week 1 check- in chart for suggested modifications to your routine.
WEEK 2 NOTES	

Detail below any changes you notice in your skin:

WEEK 3 CHECK-IN

At the end of week 3 you should see a definite improvement in your skin. Not only should breakouts be starting to clear, you should also find that your skin feels softer and looks more "even." Compare your results to your two "before" photos to determine the level of improvement you're experiencing.





If you are still experiencing these side effects and your acne is mild, the Lexli skin care routine for acne-prone skin may be wrong for you. Consider again taking the skin care quiz to determine your skin type outside of acne. (For example, is it oily? Dry?) Implement the skin care routine suggested for you and add Acne Clarifying Lotion as a spot treatment to address breakouts.

WEEK 3 NOTES

Detail below any changes you notice in your skin:

WEEK 4 CHECK-IN

At the end of week 4, take another round of photos, following the same procedure you did before beginning the routine.

WEEK 4 NOTES

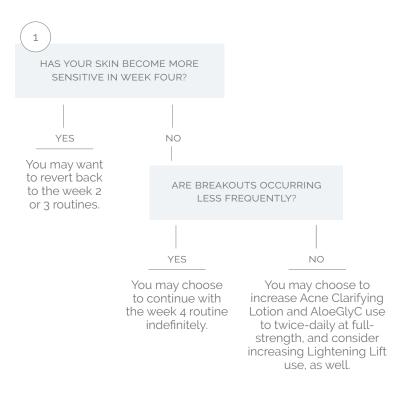
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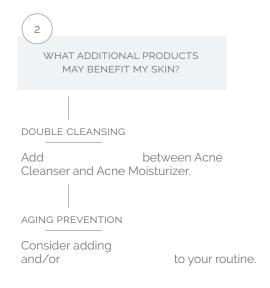
WEEK 5 AND BEYOND

Now that you've become familiar with the Lexli skin care routine for acne-prone skin, you're the best judge of how to proceed.

We'd love to see your progress! Email to us

() your photos and tell us
about the progress you've made this month and
we'll send you a free gift!





WEEK 5 NOTES

Add thoughts on the past 5 weeks and any goals you now want to set for the future of your skin care routine.

WEEK 5 AND BEYOND

Complete this skin care routine sheet with the steps and frequency that you feel is best for your skin at this time:

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Looking for more information about acne? Download the free Lexli Acne Guide, written by Lexli founder Dr. Ahmed Abdullah.

Additionally, articles about care for acne-prone skin are on the blog found on the Lexli website.

lexli.com/acne

Lexli International 877-893-3417 |

